



Calgary Breastfeeding Matters Group Presents:

Mother's Milk and Mental Health



A day with
Kathleen Kendall-Tackett
PhD, IBCLC, FAPA

June 8, 2020
**Riviera Hotel
and Conference
Center**
(formerly the Ramada)
**3515 26th Street
N.E. Calgary**

Registration Starts March 16, 2020

www.cbmg.ca

Early Bird rate \$150

Standard fee \$175 starting May 25, 2020

Full time students \$100

Full refunds minus a \$15 admin fee until May 31, 2020

Registration closes May 31, 2020

CERPS applied for



Dr. Kendall-Tackett is a health psychologist and an IBCLC. She is the owner and Editor-in-Chief of Praeclarus Press and also Editor of two peer reviewed journals. She is Fellow of the American Psychological Association in Health and Trauma Psychology. Dr Kendall-Tackett specializes in women's health research, including breastfeeding, depression, trauma and health psychology. She has authored more than 460 articles and is author or editor of 38 books.

Agenda

7:30 - 8:15	Registration and Continental Breakfast
8:15 - 8:30	Opening Remarks
8:30 - 10:00	Nighttime Breastfeeding and Postpartum Depression/Anxiety
10:00 - 10:30	Nutrition Break
10:30 - 12:00	Birth Trauma: The Causes and Consequences of Childbirth Related PTSD
12:00 - 1:00	Lunch Break
1:00 - 2:30	The Impact of Violence on Women in the Perinatal Period
2:30-2:45	Nutrition Break
2:45 - 4:15	Does Breastfeeding Protect Maternal Mental Health: The Role of Oxytocin and Stress
4:15-4:30	Closing Remarks